





プール一般遊泳利用コース表

2026年4月1日(水)～4月30日(木)

16:30～18:30は水泳教室開催のため混雑する場合がございます。混雑時間を避けたご利用のご協力をお願いいたします。

混雑時のご利用に際しゆずり合う等ご配慮をお願いいたします。

※下記の予定表は社会情勢や教室参加者の変動により当日変更となる場合がございます。当日の状況は受付またはプール監視員までお問い合わせください。

←

一般利用可能コース

←

教室利用コース

| 4月15日(水) |         |   |   |   |   |   | 4月16日(木) |         |   |   |   |   |   | 4月17日(金) |         |   |   |   |   |   | 4月18日(土) |         |   |   |   |   |   | 4月19日(日) |         |   |   |   |   |   | 4月20日(月) |         |   |   |   |   |   | 4月21日(火) |         |  |  |  |  |  |
|----------|---------|---|---|---|---|---|----------|---------|---|---|---|---|---|----------|---------|---|---|---|---|---|----------|---------|---|---|---|---|---|----------|---------|---|---|---|---|---|----------|---------|---|---|---|---|---|----------|---------|--|--|--|--|--|
|          | 1       | 2 | 3 | 4 | 5 | 6 |          | 1       | 2 | 3 | 4 | 5 | 6 |          | 1       | 2 | 3 | 4 | 5 | 6 |          | 1       | 2 | 3 | 4 | 5 | 6 |          | 1       | 2 | 3 | 4 | 5 | 6 |          | 1       | 2 | 3 | 4 | 5 | 6 |          |         |  |  |  |  |  |
| 10:00    |         |   |   |   |   |   | 10:00    |         |   |   |   |   |   | 10:00    |         |   |   |   |   |   | 10:00    |         |   |   |   |   |   | 10:00    |         |   |   |   |   |   | 10:00    |         |   |   |   |   |   | 10:00    |         |  |  |  |  |  |
| 10:30    |         |   |   |   |   |   | 10:30    |         |   |   |   |   |   | 10:30    |         |   |   |   |   |   | 10:30    |         |   |   |   |   |   | 10:30    |         |   |   |   |   |   | 10:30    |         |   |   |   |   |   | 10:30    |         |  |  |  |  |  |
| 11:00    |         |   |   |   |   |   | 11:00    |         |   |   |   |   |   | 11:00    |         |   |   |   |   |   | 11:00    |         |   |   |   |   |   | 11:00    |         |   |   |   |   |   | 11:00    |         |   |   |   |   |   | 11:00    |         |  |  |  |  |  |
| 11:30    |         |   |   |   |   |   | 11:30    |         |   |   |   |   |   | 11:30    |         |   |   |   |   |   | 11:30    |         |   |   |   |   |   | 11:30    |         |   |   |   |   |   | 11:30    |         |   |   |   |   |   | 11:30    |         |  |  |  |  |  |
| 12:00    |         |   |   |   |   |   | 12:00    |         |   |   |   |   |   | 12:00    |         |   |   |   |   |   | 12:00    |         |   |   |   |   |   | 12:00    |         |   |   |   |   |   | 12:00    |         |   |   |   |   |   | 12:00    |         |  |  |  |  |  |
| 12:30    |         |   |   |   |   |   | 12:30    |         |   |   |   |   |   | 12:30    |         |   |   |   |   |   | 12:30    |         |   |   |   |   |   | 12:30    |         |   |   |   |   |   | 12:30    |         |   |   |   |   |   | 12:30    |         |  |  |  |  |  |
| 13:00    |         |   |   |   |   |   | 13:00    |         |   |   |   |   |   | 13:00    |         |   |   |   |   |   | 13:00    |         |   |   |   |   |   | 13:00    |         |   |   |   |   |   | 13:00    |         |   |   |   |   |   | 13:00    |         |  |  |  |  |  |
| 13:30    |         |   |   |   |   |   | 13:30    |         |   |   |   |   |   | 13:30    |         |   |   |   |   |   | 13:30    |         |   |   |   |   |   | 13:30    |         |   |   |   |   |   | 13:30    |         |   |   |   |   |   | 13:30    |         |  |  |  |  |  |
| 14:00    |         |   |   |   |   |   | 14:00    |         |   |   |   |   |   | 14:00    |         |   |   |   |   |   | 14:00    |         |   |   |   |   |   | 14:00    |         |   |   |   |   |   | 14:00    |         |   |   |   |   |   | 14:00    |         |  |  |  |  |  |
| 14:30    |         |   |   |   |   |   | 14:30    |         |   |   |   |   |   | 14:30    |         |   |   |   |   |   | 14:30    |         |   |   |   |   |   | 14:30    |         |   |   |   |   |   | 14:30    |         |   |   |   |   |   | 14:30    |         |  |  |  |  |  |
| 15:00    |         |   |   |   |   |   | 15:00    |         |   |   |   |   |   | 15:00    |         |   |   |   |   |   | 15:00    |         |   |   |   |   |   | 15:00    |         |   |   |   |   |   | 15:00    |         |   |   |   |   |   | 15:00    |         |  |  |  |  |  |
| 15:30    |         |   |   |   |   |   | 15:30    |         |   |   |   |   |   | 15:30    |         |   |   |   |   |   | 15:30    |         |   |   |   |   |   | 15:30    |         |   |   |   |   |   | 15:30    |         |   |   |   |   |   | 15:30    |         |  |  |  |  |  |
| 16:00    |         |   |   |   |   |   | 16:00    |         |   |   |   |   |   | 16:00    |         |   |   |   |   |   | 16:00    |         |   |   |   |   |   | 16:00    |         |   |   |   |   |   | 16:00    |         |   |   |   |   |   | 16:00    |         |  |  |  |  |  |
| 16:30    |         |   |   |   |   |   | 16:30    |         |   |   |   |   |   | 16:30    |         |   |   |   |   |   | 16:30    |         |   |   |   |   |   | 16:30    |         |   |   |   |   |   | 16:30    |         |   |   |   |   |   | 16:30    |         |  |  |  |  |  |
| 17:00    |         |   |   |   |   |   | 17:00    |         |   |   |   |   |   | 17:00    |         |   |   |   |   |   | 17:00    |         |   |   |   |   |   | 17:00    |         |   |   |   |   |   | 17:00    |         |   |   |   |   |   | 17:00    |         |  |  |  |  |  |
| 17:30    |         |   |   |   |   |   | 17:30    |         |   |   |   |   |   | 17:30    |         |   |   |   |   |   | 17:30    |         |   |   |   |   |   | 17:30    |         |   |   |   |   |   | 17:30    |         |   |   |   |   |   | 17:30    |         |  |  |  |  |  |
| 18:00    |         |   |   |   |   |   | 18:00    |         |   |   |   |   |   | 18:00    |         |   |   |   |   |   | 18:00    |         |   |   |   |   |   | 18:00    |         |   |   |   |   |   | 18:00    |         |   |   |   |   |   | 18:00    |         |  |  |  |  |  |
| 18:30    |         |   |   |   |   |   | 18:30    |         |   |   |   |   |   | 18:30    |         |   |   |   |   |   | 18:30    |         |   |   |   |   |   | 18:30    |         |   |   |   |   |   | 18:30    |         |   |   |   |   |   | 18:30    |         |  |  |  |  |  |
| 19:00    |         |   |   |   |   |   | 19:00    |         |   |   |   |   |   | 19:00    |         |   |   |   |   |   | 19:00    |         |   |   |   |   |   | 19:00    |         |   |   |   |   |   | 19:00    |         |   |   |   |   |   | 19:00    |         |  |  |  |  |  |
| 19:30    |         |   |   |   |   |   | 19:30    |         |   |   |   |   |   | 19:30    |         |   |   |   |   |   | 19:30    |         |   |   |   |   |   | 19:30    |         |   |   |   |   |   | 19:30    |         |   |   |   |   |   | 19:30    |         |  |  |  |  |  |
| 20:00    |         |   |   |   |   |   | 20:00    |         |   |   |   |   |   | 20:00    |         |   |   |   |   |   | 20:00    |         |   |   |   |   |   | 20:00    |         |   |   |   |   |   | 20:00    |         |   |   |   |   |   | 20:00    |         |  |  |  |  |  |
| 20:30    |         |   |   |   |   |   | 20:30    |         |   |   |   |   |   | 20:30    |         |   |   |   |   |   | 20:30    |         |   |   |   |   |   | 20:30    |         |   |   |   |   |   | 20:30    |         |   |   |   |   |   | 20:30    |         |  |  |  |  |  |
| 21:00    | 21:00閉館 |   |   |   |   |   | 21:00    | 21:00閉館 |   |   |   |   |   | 21:00    | 21:00閉館 |   |   |   |   |   | 21:00    | 20:00閉館 |   |   |   |   |   | 21:00    | 20:00閉館 |   |   |   |   |   | 21:00    | 21:00閉館 |   |   |   |   |   | 21:00    | 21:00閉館 |  |  |  |  |  |



プール一般遊泳利用コース表

2026年4月1日(水)～4月30日(木)

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一般利用可能コース

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教室利用コース

| 4月29日(水) |         |   |   |   |   |   |
|----------|---------|---|---|---|---|---|
|          | 1       | 2 | 3 | 4 | 5 | 6 |
| 10:00    |         |   |   |   |   |   |
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| 21:00    | 21:00閉館 |   |   |   |   |   |

| 4月30日(木) |         |   |   |   |   |   |
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|          | 1       | 2 | 3 | 4 | 5 | 6 |
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|       | 1 | 2 | 3 | 4 | 5 | 6 |
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