

# Itoman Swimming School - LAP DATA

# Race - Number 2021-10

KOSUKE KITAJIMA CUP 2022

開催日 2022/1/20 ~ 2022/1/23

東京辰巳国際水泳場

千里の道も一歩から。

昨日の自分よりも成長してください。

課題を見つけること。



PB	種目数	ベスト数	ベスト率
	15	4	26.67%

種目	選手氏名	性別	学年	年齢	パーソナルベスト		ベストラップ				ベストラップ				ラップタイム				スプリットタイム				ISS	IISM	SB/PB					
					樹立日	記録																								
800FR	前野 陽向	女	高3	18	2018/11	9:20.65	32.58	1:07.26	1:42.77	2:18.32	(32.58)	(34.68)	(35.51)	(35.55)	0.75	31.78	1:05.73	1:40.50	2:15.03	(31.78)	(33.95)	(34.77)	(34.53)							
							2:54.35	3:29.87	4:05.19	4:40.83	(36.03)	(35.52)	(35.32)	(35.64)		2:49.79	3:24.62	3:59.73	4:34.52	(34.76)	(34.83)	(35.11)	(34.79)							
							5:16.32	5:51.30	6:26.54	7:01.95	(35.49)	(34.98)	(35.24)	(35.41)		5:09.51	5:44.24	6:19.05	6:53.89	(34.99)	(34.73)	(34.81)	(34.84)							
							7:37.62	8:13.22	8:48.12	9:20.65	(35.67)	(35.60)	(34.90)	(32.53)		7:28.64	8:03.60	8:37.90	9:11.04	(34.75)	(34.96)	(34.30)	(33.14)	J.M.A	IISM	PB	-9.61			
800FR	片岡 実乃里	女	高1	16	2020/9	9:06.33	31.97	1:05.91	1:40.55	2:14.98	(31.97)	(33.94)	(34.64)	(34.43)	0.71	31.55	1:05.64	1:39.96	2:14.45	(31.55)	(34.09)	(34.32)	(34.49)							
							2:49.48	3:23.89	3:58.27	4:32.48	(34.50)	(34.41)	(34.38)	(34.21)		2:48.98	3:23.73	3:58.30	4:33.06	(34.53)	(34.75)	(34.57)	(34.76)							
							5:06.86	5:40.98	6:15.33	6:49.65	(34.38)	(34.12)	(34.35)	(34.32)		5:07.57	5:42.36	6:17.09	6:51.89	(34.51)	(34.79)	(34.73)	(34.80)							
							7:24.47	7:58.97	8:33.18	9:06.33	(34.82)	(34.50)	(34.21)	(33.15)		7:26.88	8:01.62	8:35.67	9:09.06	(34.99)	(34.74)	(34.05)	(33.39)	J.M.A	IISM				2.73	
1500FR	篠 京之介	男	高1	16	2021/6	17:33.73	31.30	1:05.56	1:39.82	2:14.85	(31.30)	(34.26)	(34.26)	(35.03)	0.70	31.59	1:06.52	1:41.67	2:17.05	(31.59)	(34.93)	(35.15)	(35.38)							
							2:50.08	3:25.03	4:00.43	4:35.87	(35.23)	(34.95)	(35.40)	(35.44)		2:52.17	3:27.55	4:03.36	4:38.80	(35.12)	(35.38)	(35.81)	(35.44)							
							5:11.50	5:47.04	6:22.22	6:57.56	(35.63)	(35.54)	(35.18)	(35.34)		5:14.10	5:49.75	6:24.95	7:00.41	(35.30)	(35.65)	(35.20)	(35.46)							
							7:33.22	8:09.03	8:44.76	9:20.26	(35.66)	(35.81)	(35.73)	(35.50)		7:35.91	8:11.27	8:46.33	9:21.89	(35.50)	(35.36)	(35.06)	(35.56)							
							9:55.97	10:31.39	11:07.09	11:42.62	(35.71)	(35.42)	(35.70)	(35.53)		9:57.29	10:33.18	11:08.72	11:44.44	(35.40)	(35.89)	(35.54)	(35.72)							
							12:17.96	12:53.43	13:29.51	14:04.62	(35.34)	(35.47)	(36.08)	(35.11)		12:19.94	12:56.27	13:31.54	14:07.29	(35.50)	(36.33)	(35.27)	(35.75)							
14:39.83	15:15.47	15:50.75	16:25.94	(35.21)	(35.64)	(35.28)	(35.19)		14:43.35	15:18.98	15:53.80	16:29.09	(36.06)	(35.63)	(34.82)	(35.29)														
							17:00.74	17:33.73				(34.80)	(32.99)			17:03.54	17:37.21			(34.45)	(33.67)				3.48					
200FR	片岡 実乃里	女	高1	16	2020/1	2:11.00	30.87	1:03.77	1:37.89	2:11.00	(30.87)	(32.90)	(34.12)	(33.11)	0.68	31.12	1:05.19	1:39.30	2:12.92	(31.12)	(34.07)	(34.11)	(33.62)	J.B.A		1.92				
200FR	前野 陽向	女	高3	18	2021/11	2:10.84	30.69	1:03.48	1:37.51	2:10.84	(30.69)	(32.79)	(34.03)	(33.33)	0.73	31.15	1:04.80	1:38.99	2:12.13	(31.15)	(33.65)	(34.19)	(33.14)	J.B.A		1.29				
200FR	三浦 健太郎	男	高2	17	2021/1	1:57.93	27.27	57.51	1:28.35	1:57.93	(27.27)	(30.24)	(30.84)	(29.58)	0.85	27.57	57.79	1:29.51	1:59.23	(27.57)	(30.22)	(31.72)	(29.72)	J.B.A	SB	1.30				
100BA	金光 孝樹	男	小5	11											0.61	16.82	35.94	53.82	1:14.65	(16.82)	(19.12)	(17.88)	(20.83)	J.B.A	IISM	PB				
100BR	中山 三鳳	男	高1	16	2021/6	1:07.59			31.59	1:07.59			(31.59)	(36.00)	0.71	14.27	31.88	48.91	1:08.28	(14.27)	(17.61)	(17.03)	(19.37)	J.B.A		0.69				
800FR	前野 陽向	女	高3	18	2018/11	9:20.65	32.58	1:07.26	1:42.77	2:18.32	(32.58)	(34.68)	(35.51)	(35.55)	0.70	32.40	1:07.27	1:42.54	2:18.06	(32.40)	(34.87)	(35.27)	(35.52)							
							2:54.35	3:29.87	4:05.19	4:40.83	(36.03)	(35.52)	(35.32)	(35.64)		2:53.23	3:28.74	4:04.12	4:39.57	(35.17)	(35.51)	(35.38)	(35.45)							
							5:16.32	5:51.30	6:26.54	7:01.95	(35.49)	(34.98)	(35.24)	(35.41)		5:14.93	5:50.44	6:26.02	7:01.78	(35.36)	(35.51)	(35.58)	(35.76)							
							7:37.62	8:13.22	8:48.12	9:20.65	(35.67)	(35.60)	(34.90)	(32.53)		7:37.43	8:12.85	8:48.03	9:22.26	(35.65)	(35.42)	(35.18)	(34.23)	J.B.A		SB	1.61			
800FR	片岡 実乃里	女	高1	16	2020/9	9:06.33	31.97	1:05.91	1:40.55	2:14.98	(31.97)	(33.94)	(34.64)	(34.43)	0.73	31.63	1:05.49	1:40.02	2:14.59	(31.63)	(33.86)	(34.53)	(34.57)							
							2:49.48	3:23.89	3:58.27	4:32.48	(34.50)	(34.41)	(34.38)	(34.21)		2:49.65	3:24.40	3:59.25	4:33.98	(35.06)	(34.75)	(34.85)	(34.73)							
							5:06.86	5:40.98	6:15.33	6:49.65	(34.38)	(34.12)	(34.35)	(34.32)		5:08.75	5:43.50	6:18.73	6:53.94	(34.77)	(34.75)	(35.23)	(35.21)							
							7:24.47	7:58.97	8:33.18	9:06.33	(34.82)	(34.50)	(34.21)	(33.15)		7:29.20	8:04.33	8:38.88	9:12.63	(35.26)	(35.13)	(34.55)	(33.75)	J.M.A	IISM				6.30	
400FR	前野 陽向	女	高3	18	2021/6	23.65	30.52	1:03.42	1:36.93	2:10.67	(30.52)	(32.90)	(33.51)	(33.74)	0.73	31.80	1:05.75	1:40.10	2:14.55	(31.80)	(33.95)	(34.35)	(34.45)							
							2:44.23	3:17.81	3:51.08	4:23.65	(33.56)	(33.58)	(33.27)	(32.57)		2:48.68	3:23.00	3:56.68	4:29.65	(34.13)	(34.32)	(33.68)	(32.97)	J.B.A	IISM				6.00	
400FR	前野 陽向	女	高3	18	2021/6	4:23.65	30.52	1:03.42	1:36.93	2:10.67	(30.52)	(32.90)	(33.51)	(33.74)	0.78	31.46	1:05.37	1:39.81	2:14.67	(31.46)	(33.91)	(34.44)	(34.86)							
							2:44.23	3:17.81	3:51.08	4:23.65	(33.56)	(33.58)	(33.27)	(32.57)		2:49.07	3:23.75	3:57.99	4:31.15	(34.40)	(34.68)	(34.24)	(33.16)	J.B.A			7.50			

