

# 日本水泳連盟資格級 8～9 級

(男子)

年齢	50FR	100FR	200FR	400FR	800FR	1600FR	50BA	100BA	200BA	50ER	100ER	200ER	50FLY	100FLY	200FLY	100M	200M	400M
19	025.17	055.14	1:39.93	4:15.67	8:48.19	16:51.25	027.90	059.92	2:10.55	031.05	1:06.80	2:23.84	026.78	058.07	2:08.56	1:02.13	2:13.02	4:46.75
18	026.00	056.22	2:03.18	4:21.25	9:01.69	17:15.09	028.79	1:01.95	2:14.75	032.05	1:08.00	2:27.83	027.67	1:00.59	2:13.15	1:03.25	2:16.96	4:50.29
17	026.00	056.32	2:03.18	4:21.25	9:01.69	17:15.09	028.79	1:01.95	2:14.75	032.05	1:08.00	2:27.83	027.67	1:00.58	2:13.15	1:03.25	2:16.96	4:50.29
16	026.54	057.93	2:06.70	4:26.90	9:14.25	17:26.11	029.51	1:03.42	2:17.43	032.75	1:10.48	2:31.19	028.25	1:03.95	2:16.05	1:04.41	2:19.58	4:55.05
15	026.54	057.93	2:06.70	4:26.90	9:14.25	17:26.11	029.51	1:03.42	2:17.43	032.75	1:10.48	2:31.19	028.25	1:03.95	2:16.05	1:04.41	2:19.58	4:55.05
14	027.88	059.85	2:10.05	4:34.75	9:30.67	18:00.01	030.76	1:05.91	2:22.51	033.93	1:13.13	2:36.59	029.07	1:04.17	2:21.81	1:06.42	2:24.97	5:07.02
13	029.53	1:02.17	2:14.28	4:44.95	9:49.93	18:46.15	031.79	1:08.10	2:27.82	035.18	1:15.74	2:42.11	030.08	1:06.46	2:26.99	1:08.57	2:29.99	5:16.25
12	029.93	1:03.14	2:21.72	5:11.53	10:46.41	20:39.87	033.50	1:12.46	2:37.18	038.98	1:20.19	2:51.83	031.89	1:10.49	2:36.24	1:12.52	2:39.24	5:31.79
11	031.75	1:03.24	2:29.68	5:36.39	11:25.24	22:06.25	035.50	1:16.70	2:46.37	039.21	1:24.52	3:02.51	034.10	1:15.11	2:46.51	1:16.50	2:46.35	5:51.04
10	033.95	1:15.34	2:43.00	5:48.75	12:33.23	23:15.41	038.18	1:23.62	3:00.85	042.62	1:33.81	3:20.65	036.53	1:20.05	2:59.19	1:22.81	2:58.89	6:33.71
9	035.89	1:20.72	2:54.22	6:18.20	13:19.07	24:56.30	040.65	1:30.87	3:17.63	046.02	1:42.16	3:39.63	038.54	1:26.21	3:16.43	1:29.13	3:07.21	6:51.08
8	040.51	1:28.48	3:11.73	6:46.15	14:20.21	26:58.43	045.86	1:38.15	3:32.70	051.22	1:50.77	3:56.70	043.76	1:35.29	3:30.04	1:38.46	3:33.11	7:32.95
7	040.51	1:28.48	3:11.73	6:46.15	14:20.21	26:58.43	045.86	1:38.15	3:32.70	051.22	1:50.77	3:56.70	043.76	1:35.29	3:30.04	1:38.46	3:33.11	7:32.95
6	040.51	1:28.48	3:11.73	6:46.15	14:20.21	26:58.43	045.86	1:38.15	3:32.70	051.22	1:50.77	3:56.70	043.76	1:35.29	3:30.04	1:38.46	3:33.11	7:32.95
19	024.28	053.20	1:55.77	4:06.97	8:30.92	16:16.80	026.53	057.82	2:06.15	029.96	1:04.50	2:18.80	025.81	056.56	2:05.05	1:00.08	2:06.32	4:39.77
18	025.10	054.28	1:58.89	4:12.15	8:40.52	16:38.63	027.80	059.73	2:10.18	030.95	1:05.56	2:22.54	026.69	058.82	2:08.50	1:01.02	2:12.15	4:39.92
17	025.10	054.28	1:58.89	4:12.15	8:40.52	16:38.63	027.80	059.73	2:10.18	030.95	1:05.56	2:22.54	026.69	058.82	2:08.50	1:01.02	2:12.15	4:39.92
16	025.57	055.82	2:01.13	4:16.01	8:54.04	17:00.65	028.48	1:01.19	2:12.53	031.58	1:07.89	2:26.70	027.21	058.65	2:11.12	1:02.04	2:14.42	4:44.58
15	025.57	055.82	2:01.13	4:16.01	8:54.04	17:00.65	028.48	1:01.19	2:12.53	031.58	1:07.89	2:26.70	027.21	058.65	2:11.12	1:02.04	2:14.42	4:44.58
14	026.62	057.70	2:06.49	4:24.65	9:09.78	17:18.80	029.75	1:03.69	2:17.60	032.75	1:10.92	2:31.16	027.99	1:01.96	2:16.63	1:03.90	2:16.64	4:53.79
13	027.47	059.84	2:08.27	4:33.98	9:26.92	18:05.65	030.67	1:05.64	2:22.47	033.87	1:12.88	2:36.03	028.82	1:04.05	2:21.89	1:05.99	2:24.27	5:03.71
12	028.82	1:02.68	2:16.42	5:02.51	10:28.40	20:01.88	032.46	1:10.04	2:31.84	035.63	1:17.27	2:46.68	030.21	1:08.07	2:31.07	1:09.86	2:35.41	5:20.85
11	030.51	1:05.51	2:23.71	5:26.29	11:14.46	21:29.50	034.20	1:13.56	2:40.37	037.70	1:21.66	2:55.81	031.82	1:12.46	2:38.57	1:13.97	2:40.00	5:37.36
10	032.57	1:12.50	2:36.89	5:37.65	11:59.34	22:38.49	036.74	1:20.79	2:54.51	040.87	1:30.54	3:13.79	035.06	1:15.21	2:52.15	1:20.58	2:51.63	6:08.95
9	034.27	1:17.58	2:47.78	5:59.35	12:47.86	23:56.93	038.85	1:27.59	3:10.22	043.24	1:38.54	3:31.82	036.83	1:25.24	3:08.07	1:25.72	2:55.59	6:35.76
8	038.82	1:25.05	3:04.37	6:30.79	13:48.27	25:58.35	044.03	1:34.68	3:25.30	048.50	1:46.88	3:48.46	042.13	1:31.79	3:22.28	1:34.54	3:24.73	7:15.39
7	038.82	1:25.05	3:04.37	6:30.79	13:48.27	25:58.35	044.03	1:34.68	3:25.30	048.50	1:46.88	3:48.46	042.13	1:31.79	3:22.28	1:34.54	3:24.73	7:15.39
6	038.82	1:25.05	3:04.37	6:30.79	13:48.27	25:58.35	044.03	1:34.68	3:25.30	048.50	1:46.88	3:48.46	042.13	1:31.79	3:22.28	1:34.54	3:24.73	7:15.39

(女子)

年齢	50FR	100FR	200FR	400FR	800FR	1600FR	50BA	100BA	200BA	50ER	100ER	200ER	50FLY	100FLY	200FLY	100M	200M	400M
19	028.71	1:02.03	2:13.20	4:40.24	9:35.46	18:28.32	031.60	1:07.28	2:24.67	035.65	1:16.10	2:42.65	030.42	1:05.32	2:25.18	1:05.87	2:28.56	5:14.47
18	029.32	1:03.42	2:16.15	4:45.14	9:46.78	18:46.23	032.18	1:08.07	2:28.14	036.20	1:18.29	2:46.53	031.14	1:08.25	2:28.95	1:10.96	2:32.23	5:19.50
17	029.32	1:03.42	2:16.15	4:45.14	9:46.78	18:46.23	032.18	1:08.07	2:28.14	036.20	1:18.29	2:46.53	031.14	1:08.25	2:28.95	1:10.96	2:32.23	5:19.50
16	029.47	1:03.79	2:17.13	4:47.00	9:49.81	18:53.61	032.48	1:08.43	2:29.83	036.67	1:18.84	2:47.44	031.24	1:08.78	2:29.63	1:11.31	2:33.63	5:22.28
15	029.47	1:03.79	2:17.13	4:47.00	9:49.81	18:53.61	032.48	1:08.43	2:29.83	036.67	1:18.84	2:47.44	031.24	1:08.78	2:29.63	1:11.31	2:33.63	5:22.28
14	029.90	1:04.83	2:19.56	4:52.11	10:00.08	19:13.72	033.17	1:10.86	2:31.80	037.45	1:20.10	2:50.39	031.82	1:09.87	2:32.47	1:12.21	2:35.94	5:27.35
13	030.59	1:06.04	2:21.86	4:57.63	10:11.43	19:25.80	033.92	1:12.27	2:35.82	038.13	1:21.58	2:53.31	032.50	1:11.22	2:36.10	1:14.08	2:38.89	5:34.60
12	031.48	1:08.27	2:27.13	5:02.90	11:02.77	21:14.04	034.93	1:14.90	2:40.86	039.25	1:24.22	2:58.57	033.57	1:13.85	2:41.15	1:16.12	2:43.87	5:46.11
11	032.51	1:10.74	2:32.03	5:07.28	11:25.82	22:10.46	036.02	1:17.77	2:47.03	040.48	1:27.15	3:05.41	034.68	1:15.41	2:45.45	1:18.53	2:48.52	5:57.15
10	034.23	1:15.24	2:40.00	5:48.75	12:22.23	23:15.41	038.22	1:23.62	3:00.85	042.79	1:33.81	3:20.65	036.57	1:22.05	2:59.19	1:23.81	2:59.27	6:22.71
9	036.25	1:20.72	2:54.22	6:18.20	13:19.07	24:56.30	040.65	1:30.87	3:17.63	046.25	1:42.16	3:39.63	038.53	1:28.31	3:16.43	1:29.13	3:08.83	6:51.08
8	040.51	1:28.48	3:11.73	6:46.15	14:20.21	26:58.43	045.86	1:38.15	3:32.70	051.22	1:50.77	3:56.70	043.76	1:35.29	3:30.04	1:38.46	3:33.11	7:32.95
7	040.51	1:28.48	3:11.73	6:46.15	14:20.21	26:58.43	045.86	1:38.15	3:32.70	051.22	1:50.77	3:56.70	043.76	1:35.29	3:30.04	1:38.46	3:33.11	7:32.95
6	040.51	1:28.48	3:11.73	6:46.15	14:20.21	26:58.43	045.86	1:38.15	3:32.70	051.22	1:50.77	3:56.70	043.76	1:35.29	3:30.04	1:38.46	3:33.11	7:32.95
19	027.75	059.93	2:09.60	4:30.75	9:17.31	17:51.24	030.81	1:04.97	2:18.70	034.43	1:13.44	2:37.15	029.37	1:03.85	2:20.14	1:05.40	2:23.76	5:03.65
18	028.28	1:01.37	2:11.84	4:36.65	9:25.53	18:09.46	031.11	1:06.83	2:23.30	035.09	1:15.87	2:41.18	030.11	1:05.12	2:23.95	1:06.80	2:27.13	5:08.62
17	028.28	1:01.37	2:11.84	4:36.65	9:25.53	18:09.46	031.11	1:06.83	2:23.30	035.09	1:15.87	2:41.18	030.11	1:05.12	2:23.95	1:06.80	2:27.13	5:08.62
16	028.49	1:01.81	2:12.40	4:37.05	9:29.45	18:15.07	031.27	1:07.08	2:25.83	035.54	1:16.19	2:43.79	030.26	1:05.43	2:24.48	1:08.84	2:28.33	5:10.97
15	028.49	1:01.81	2:12.40	4:37.05	9:29.45	18:15.07	031.27	1:07.08	2:25.83	035.54	1:16.19	2:43.79	030.26	1:05.43	2:24.48	1:08.84	2:28.33	5:10.97
14	028.91	1:02.85	2:14.84	4:41.15	9:39.89	18:26.16	031.95	1:08.54	2:28.75	036.21	1:17.43	2:44.73	030.74	1:07.48	2:27.73	1:10.95	2:30.89	5:15.95
13	029.48	1:04.00	2:16.67	4:46.53	9:48.25	18:37.41	032.58	1:09.52	2:29.95	036.75	1:18.60	2:46.85	031.20	1:08.66	2:30.48	1:11.35	2:32.92	5:22.04
12	030.99	1:06.89	2:21.88	5:13.21	10:42.27	20:35.78	033.85	1:12.19	2:34.99	037.75	1:21.04	2:52.88	032.30	1:11.06	2:35.15	1:13.15	2:37.50	5:31.59
11	031.19	1:07.80	2:25.85	5:27.02	11:14.79	21:30.43	034.57	1:14.81	2:40.63	038.74	1:23.64	2:57.97	033.26	1:13.35	2:39.80	1:15.62	2:42.48	5:42.28
10	032.87	1:12.50	2:36.89	5:37.65	11:59.34	22:38.49	036.76	1:20.79	2:54.51	041.17	1:30.54	3:12.79	035.24	1:19.21	2:52.85	1:20.58	2:52.15	6:08.95
9	034.66	1:17.58	2:47.78	5:59.30	12:47.83	23:56												